



Groepslesrooster veldhoven

	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
Grote zaal	Pilates 09:00 - 09:55	BBBB 09:00 - 09:55	BBBB 09:00 - 09:55	Pilates 09:00 - 09:55	Pump 09:00 - 09:55		
	BBBB 10:00 - 10:55	CIB 10:00 - 10:55	Zumba 10:00 - 10:55	Zumba Gold 10:00 - 10:45	Zumba 10:00 - 10:55	Kickfun 10:00 - 10:55	Pump 10:00 - 10:55
	BBBB 19:00 - 19:55	Step 19:00 - 19:55	BBBB 19:00 - 19:55	Pump 19:00 - 19:55			
	Kickfun 20:00 - 20:55	Kickfun 20:00 - 20:55	Zumba 20:00 - 20:55	Kickfun 20:00 - 20:55			
Spinning Dome	Spinning 09:00 - 09:55				Spinning 09:00 - 09:55	Spinning 09:00 - 09:55	Spinning 09:30 - 10:25
	Spinning 19:30 - 20:25	Spinning 19:30 - 20:25	Spinning 19:30 - 20:25	Spinning 19:30 - 20:25			
	Spinning 20:30 - 21:25		Spinning 20:30 - 21:25				
Fitness	Cardo X 09:00 - 09:45		Cardo X 09:00 - 09:45		Cardo X 09:00 - 09:45	Cardo X 09:00 - 09:45	
	Cardo X 20:00 - 20:45		Cardo X 19:00 - 19:45	Cardo X 18:00 - 18:45		Cardo X 10:00 - 10:45	
	Cardo X 21:00 - 21:45		Cardo X 20:00 - 20:45				
Clubjoy			Yoga 08:00 - 08:55		Yoga 08:00 - 08:55	Booty Special 09:30 - 10:00	
	HITT Barbell 18:30 - 19:00	Booty Special 18:30 - 19:00	HITT Barbell 18:30 - 19:00				